NARHDAN Model of Care

Aboriginal Health & Medical Research Council of NSW

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October 2016
Acknowledgement of Country
AH&MRC

• Peak body for ACCHS in NSW
• 45 member services
• Run a range of programs:
  • Member services – accreditation, PIRS, CQI
  • Public health programs – chronic disease, smoking cessation, cancer, sexual health, BBV, harm minimisation, SEWB WSU
  • Research
  • Ethics committee
ADAN (Aboriginal Drug and Alcohol Network)

The ADAN LG network is funded by the Department of the Prime Minister and Cabinet to provide support to the NSW AOD workforce*

ADAN aims to provide a forum for Aboriginal drug and alcohol workers to network, share best practice, programs

Three broad areas of work:

- ADAN Leadership Group
- Aboriginal Residential Rehabilitation Services NARHDAN
- Resources (Orientation, DVD, Diary)
- Policy, program & partnerships

*South Coast AMS runs a WSU covering the Illawarra & Far South Coast
ADAN
Aboriginal Drug & Alcohol Network of NSW

NARHDAN
NSW Aboriginal Residential Healing and Drug and Alcohol Network
ADAN and NARDHAN are highly valued by the AH&MRC, and they fulfil a number of roles including:

- an advisory role for AH&MRC to advocate for them at a state level;
- they both have input into NSW policy development;
- a network for Aboriginal Drug & Alcohol services, and a network of Aboriginal residential healing services;
- they provide an opportunity for cultural support and professional development for their network members.
The Aboriginal Health College of NSW
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NARHDAN History

- First state meeting 2012
- Network established 2014
- Quarterly meetings facilitated by AHMRC
- Purpose of NARDHAN is to ensure the voice of Aboriginal Residential Healing Services is heard
- MOC identified as a priority – need to outline the unique and critical role of Aboriginal Residential Healing services
NARHDAN members

- Namatjira Haven Far North Coast
- Oolong House South Coast
- Orana Haven Far West
- The Glen Central Coast
- Benelong’s Haven Mid North Coast
- Weigelli Central West
- Maayu Mali Moree
NARDHAN Model Of Care

• Aims to Describe the unique role of Aboriginal Residential Healing Services in NSW

• Positions Aboriginal Residential Healing Services as the experts in providing culturally appropriate and evidence based care for Aboriginal people

• Model needs to be flexible enough to reflect the differences in services delivery
Principles

- Kinship connection
- Culturally safe care
- Aboriginal Community Controlled Services, based on concept of self determination
- Culturally based communication and learning
- Aboriginal and culturally aware staff
- Client centred, trauma informed care
- Transition care
Where MOC is at

• Draft model of care developed, based on consultations with all NARDHAN members
• Currently under review by an Aboriginal clinician and academic
• Will be aiming to have the MOC released shortly.
Key issues for Aboriginal clients

• People who are disadvantaged may have a range of mental health and/or other health issues that require more resources.

• The gap between being employable and unemployed is widening

• A large majority of Indigenous young people are not proficient in the skills that will be sought after for future work opportunities.

• Lack of coordinated approach or planning of the types of residential treatment services to address gaps in treatment and care needs of Aboriginal people
Outcomes of Aboriginal Residential Healing services

• Increased quality of life after exit

• Sense of achievement in completion of case plan goals

• Increased life skills and resilience