



# Australian Government

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## Department of Health

### **National Alcohol and Other Drug Hotline**

The National Alcohol and Other Drug hotline on **1800 250 015** provides free and confidential advice about alcohol and other drug treatment services.

### **Drug Help Website**

Resources to help support people dealing with drug and alcohol issues.

[drughelp.gov.au](http://drughelp.gov.au)

### **Drug Information Directory**

A leading search directory on alcohol and other drugs.

[adf.org.au/resources/drug-information-directory/](http://adf.org.au/resources/drug-information-directory/)

### **Family Drug Support**

Information and support for families of people who use drugs.

Visit [www.fds.org.au](http://www.fds.org.au) or call 1300 368 186

### **Local Drug Action Team (LDAT) Program**

Aims to empower community organisations to form partnerships in their area and develop tailored evidence-informed activities to prevent harms from AOD.

[community.adf.org.au/local-drug-action-teams](http://community.adf.org.au/local-drug-action-teams)

### **Australian Guidelines to Reduce Health Risks from Drinking Alcohol**

[nhmrc.gov.au/alcohol](http://nhmrc.gov.au/alcohol)

### **Australian Indigenous HealthInfonet Alcohol and Other Drugs Knowledge Centre**

Providing an evidence base to reduce harmful AOD use in Aboriginal and Torres Strait Islander communities

[aodknowledgecentre.ecu.edu.au](http://aodknowledgecentre.ecu.edu.au)

### **Positive Choices**

Online portal to help Australian schools and communities access accurate, up-to-date evidence based alcohol and other drug education resources.

[positivechoices.org.au](http://positivechoices.org.au)

### **Counselling Online**

A free and confidential service that provides 24/7 support to people across Australia affected by alcohol or drug use.

[counsellingonline.org.au](http://counsellingonline.org.au)

### **Cracks in the Ice**

Trusted evidence-based information and resources developed for Aboriginal and Torres Strait Islander Peoples.

[cracksintheice.org.au/aboriginal-and-torres-strait-islander-peoples](http://cracksintheice.org.au/aboriginal-and-torres-strait-islander-peoples)